











## Self-Efficacy Activity Crosswalk

This table shows the location of each Self-Efficacy Strategy within the three grade bands of the *Self-Efficacy Lessons [Primary, Intermediate, and Secondary]*. Regular font indicates that the strategy is addressed but is not the primary purpose of the activity. Bold font indicates that the strategy is a primary focus of the activity.

Strategy	Primary Activities	Intermediate Activities	Secondary Activities
 Focus on my effort <small>FOCUS ON MY EFFORT</small>	<b>2, 4, 6, 7, 10, 11, 17, 28</b>	<b>2, 5, 6, 7, 8, 10, 16, 25, 26</b>	<b>2, 5, 7, 10, 14, 26</b>
 Try again <small>TRY AGAIN</small>	<b>3, 4, 6, 7, 8, 10, 11, 25, 28</b>	<b>3, 4, 6, 7, 9, 10, 26</b>	<b>3, 4, 7, 26</b>
 Calm myself <small>CALM MYSELF</small>	<b>3, 4, 6, 7, 18, 22, 23, 24, 28</b>	<b>4, 6, 7, 22, 23, 26</b>	<b>4, 22, 23, 26</b>
 Say, "I haven't learned _____ yet" <small>SAY, "I HAVEN'T LEARNED _____ YET"</small>	<b>6, 7, 10, 11, 18, 25, 28</b>	<b>8, 9, 26</b>	<b>8, 10, 26</b>
 Exercise my brain <small>EXERCISE MY BRAIN</small>	<b>6, 7, 12, 14, 25, 28</b>	<b>11, 26</b>	<b>11, 15, 26</b>
 Learn from my mistakes <small>LEARN FROM MY MISTAKES</small>	<b>13, 14, 15, 16, 28</b>	<b>12, 13, 14, 15, 26</b>	<b>12, 13, 20, 26</b>
 Remember hard things I've done <small>REMEMBER HARD THINGS I'VE DONE</small>	<b>17, 18, 28</b>	<b>16, 17, 26</b>	<b>15, 16, 26</b>
 Give and accept praise <small>GIVE AND ACCEPT PRAISE</small>	<b>19, 21, 28</b>	<b>19, 20, 21, 26</b>	<b>18, 19, 20, 26</b>
 Accept feedback <small>ACCEPT FEEDBACK</small>	<b>20, 25, 28</b>	<b>19, 20, 26</b>	<b>19, 26</b>
 Watch and learn from others <small>WATCH AND LEARN FROM OTHERS</small>	<b>25, 26, 27, 28</b>	<b>24, 25, 26</b>	<b>24, 25, 26</b>

Noonan, P. M., Gaumer Erickson, A. S., & Heger, E. (2023). *Self-efficacy lessons* [Teacher lessons and student workbook]. College & Career Competency Framework. [www.cccframework.org/competency-lessons-and-student-workbooks](http://www.cccframework.org/competency-lessons-and-student-workbooks)