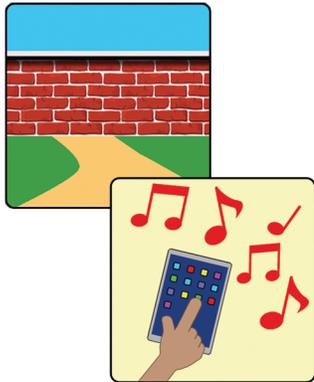


Self-Regulation



Predict Obstacles



1. Think about all the things that can get in the way of my success.



2. Brainstorm how to overcome each obstacle.



3. Create an IF–THEN statement for each obstacle.

