

# College and Career Competency Sequence: Empathy

These targets describe how students demonstrate progressive interpersonal skills at each stage. By the end of each stage, each student:

## DEVELOPING

- Interprets emotions in the facial expressions or behaviors of other people.
- Identifies what kind of emotion(s) specific actions or responses might cause a person to feel.
- Demonstrates helping behaviors when someone is hurt or sad.
- Describes similarities and differences between themselves and others.
- Demonstrates increased awareness of others' feelings and perspectives.
- Defines feeling words that describe basic personal emotions in themselves and others.
- Recognizes when someone needs help, and offers help.
- Interprets facial expressions and nonverbal cues of others.
- Demonstrates basic listening strategies.

## EMERGING

- Demonstrates listening strategies.
- Describes the meanings of various feeling words and pairs feeling words with scenarios imagining another's perspective.
- Describes the importance of understanding perspective.
- Demonstrates methods to understand a peer's perspective, such as asking questions.

## DEMONSTRATING

- Demonstrates listening and paraphrasing strategies.
- Demonstrates questioning to increase understanding of the feelings and perspectives of others.
- Identifies the value of diverse perspectives and describes points of view different from their own.

## GENERALIZING

- Endeavors (in multiple situations) to understand others, including their feelings, behaviors, and situational context.
- Communicates understanding of others back to them.
- Describes how demonstrating empathy is important for current and future life as well as how it contributes to society as a whole.