

Voice My Perspective (Secondary)

Has a friend ever offended you by making a joke or saying something that hurt you? Maybe you found it difficult to explain what you wanted during a disagreement. When you need to explain your point of view, including how you feel, what you want, and why you want something, you can use the strategy ***voice my perspective*** to help others understand your viewpoint.

Your perspective is the way you understand a situation based on what you have experienced in your life. Each person has their own perspective, and it's important to acknowledge the different perspectives during a disagreement. When you ***voice your perspective***, you explain your feelings and the reasons behind them. This will help others understand you, especially during a conflict. You can ***voice your perspective*** by saying, "I feel [blank] when [blank]" and "I think [blank] because [blank]."

I used the strategy ***voice my perspective*** when my friend Kara and I had a disagreement about our World History project. Our project was over the Roman Empire, and I wanted to create a newspaper that included articles and advertisements related to ancient Roman life. Kara wanted to create a museum exhibit about artifacts found at Pompeii. I was getting really frustrated because we didn't have much time to complete the project and I didn't see how we would ever agree. I decided to take a deep breath and use the strategy ***voice my perspective*** to explain why I wanted to create a newspaper about ancient Rome. I said, "I feel anxious when we don't have much time to complete a project. I think creating a newspaper will be the fastest and most informational way to complete the project because I know how to lay out newspapers from working on the school paper and I am good at writing." Kara thought about my perspective and said, "If you can do the layout and write the articles, I can do the pictures and artwork." She explained that she had already started looking at pictures of ancient Rome for the museum display. We both agreed that dividing the parts of a newspaper between artwork and writing would be the most efficient way to complete the project.

By explaining what I wanted and why I wanted it, I was able to help Kara understand my perspective and begin to resolve the disagreement we were having. When you need to ***voice your perspective***, use the prompts "I feel [blank] when [blank]" and "I think [blank] because [blank]."