

## Conflict Management Strategies Matching Game

**Directions:** Draw a line from the Conflict Management Strategy on the left to its matching description on the right.



1. Explore conflict responses

a. I can think about what has caused the disagreement.



2. Pause and ponder

b. I can calm myself when I have strong emotions.



3. Manage my anger

c. I can work with the other person to resolve the disagreement.



4. Uncover reasons for the disagreement

d. I can respectfully explain my feelings and what I want during a disagreement.



5. Voice my perspective

e. I can explain the different ways to respond to conflict.



6. Seek to understand perspectives

f. I can mediate when others have difficulty resolving a disagreement.



7. Listen and summarize

g. I can listen closely to what the other person has said and then restate what they said.



8. Plan my response

h. I can plan what I want to say and do during a disagreement.



9. Find a solution

i. I can try and understand how the other person feels during a disagreement.



10. Help others find solutions

j. I can stop and think about how I will respond to the conflict.

Answers: 1.e. 2.j. 3.b. 4.a. 5.d. 6.i. 7.g. 8.h. 9.c. 10.f.