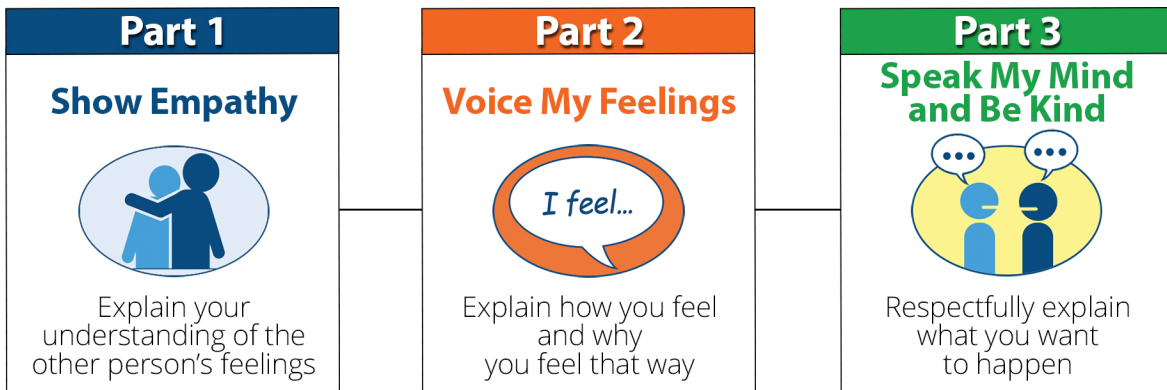


Assertive Statements



Example: It is time for recess and it's your friend's turn to be captain of the soccer team. He has already grabbed the soccer ball and decided who is on his team. When you ask if you could be on his team, he says, *'We already have enough players. You can't be on my team today.'*

You think about your feelings and later tell your friend:

I understand that you were excited to start the soccer game, but I felt sad when I couldn't be in the game. Could you please save me a place on your team next time?