

Expressing Your Feelings Respectfully

Read each statement and think about what feelings you might have in that situation. Then rewrite each statement to respectfully express the feeling(s) you identified. Add additional examples for 7–10.

Statement	Better way to say it...
Example: Stop driving so fast!	<i>When you drive fast, I feel frightened and worry about wrecking.</i>
1. You are a jerk for telling my secret.	
2. This book is awful.	
3. I have to do everything around here while my sibling does nothing.	
4. I hate that class.	
5. This is a great day!	
6. You don't ever text me back.	
7.	
8.	
9.	
10.	