

Reflecting on My Academic Planning

Individually answer the following prompts. Then, write a few sentences about how you approach new assignments/goals (in school, sports, extracurricular activities, work, etc.).

- Do you make a plan? Do you wait for someone else (teacher, parent, friend, etc.) to tell you how to proceed? Do you dive straight in and immediately start working?

- If you make plans, how do they generally look? For example, do your current plans include many details, or are they broad?

- Do you think about what you can realistically get done in the allotted time, or do you decide you'll figure it out as you go? Do you write down your plan or just think about the steps?

Remember that a good plan should address the following four questions:

1. How will I know I've successfully reached my goal? How does success look?
2. What steps, strategies, and actions are necessary to accomplish my goal? When, where, and how will I work toward my goal?
3. What could go wrong? How will I avoid or overcome these challenges?
4. How will I track my progress?