

Teach Students: Brainstorming Ways to Improve

With your partner/small group, work together to brainstorm answers to the prompts below.

For Component 1 (Making a plan): List 2–3 actions that could help you more effectively plan (Example: *I could write down the homework for all my classes each day before I leave school and make a detailed plan for how/when to complete it*):

For Component 2 (Monitoring your plan): List 2–3 actions that could help you more effectively monitor your plans (Example: *I could write deadlines for smaller pieces of a long-term project on a calendar and regularly check to see if I'm on track to meet those deadlines*):

For Component 3 (Adjusting your plan as needed): List 2–3 actions that could help you more effectively adjust as needed over time (Example: *Instead of checking my grades every Monday but not making any changes, I could identify classes that I'm struggling in and then change my approach by asking for help or setting aside designated homework time each day*):

For Component 4 (Reflecting on what worked and what to improve): List 2–3 actions that could help you more effectively reflect (Example: *I could set aside time each evening to consider how well I carried out plan activities that day and whether I need to make changes for the next day*):